



Clear Falls High School Band/Guard

Clear Creek Independent School District

Brian Moreno- Director of Bands

Max Phillips- Assistant Band Director

Nathan Valdez- Assistant Director/Percussion Coordinator

Zoea Holubec- Color Guard Director

Re: Guard Camp!

Greetings! We hope this email finds you having a great summer. We are almost ready to get cranking with an amazing guard season. Please see the following information including some REQUIRED materials that need to be taken care of before students can participate on July 24th:

1. By district policy and state law students are required to have a physical on file BEFORE they can participate in the guard rehearsals. Physicals must be uploaded by the parent into RANKONE before July 24th. If your insurance for a physical take you past the 24th, they can go to a local Nurse Practitioner to fill one out and get cleared until the student's doctor is available.
2. We start on July 24th at 8 am to 5 pm. Lunch time is noon-1 pm. Students can leave campus for lunch; however, we ask that all laws are followed regarding students under 18 having other students in the vehicle. We strongly encourage incoming 9th grade students to not ride to and from lunches with any students that drive. Students can bring a lunch, or they can have a parent pick them up.
3. Please have your student hydrate lots this week! The guard will not spend all the time outside; we will keep it during the cooler hours of the morning. However, when a student experiences dehydration symptom is usually because of lack of water from 4 days before.
4. Students spend time this week stretching and getting acclimated to the heat!
5. Students MUST have a ½ gallon jug of water for every rehearsal. Students who do not have their water, will be sent home due to health and safety protocols. We do not have water we can supply daily. The type, color, etc. of jug does not matter to us.
6. Students are to wear attire that is proper for dance maneuvering but must comply with CCISD Dress Code. This includes lace able tennis shoes for rehearsals. NO CROCS or FLIP FLOPS are allowed.
7. Students will be issued a flag on the first day. If you have one from before, please bring it with you.
8. Saturday July 29th will be when we do our Equipment Day! This is where the students can order all necessary items (lists will be sent out later this week). This event and orders MUST be taken at this event to ensure we will have everything by the times/dates needed. We will stagger times for students to come in to give us a chance to spread out a little. Incoming Seniors will be from 9-10 am, Juniors from 10-11 am, Sophomores 11-noon, and 9th graders noon-1 pm. Payments in full are due by then, however, if you need a payment plan, we will have a director on site to help set that up. This will be held at CFHS, please park in the center or right side (if facing the school) parking lot and enter through the AUDITORIUM doors.

At camp students will learn and engage in essential dance structures, flag technique along with various flag tosses, choreography, and how to read drill cards (from previous shows to prepare students). Lots to do to get ready for an amazing season!

See you soon!

The Knights Band Team